

CATEGORY: NIBBLES

| | N | UTRITIO | NAL DA | TA | | | | | | | | | | | ALLERG | ENS | | | | | | |
|-------------------------------|------------------|----------------|--------|-----------|--------------|--------|-------|---------|-------|--------|---|------|-----------------|-------|-----------------|----------|-----------------|-----------------|---------|-----------------|------|-----------------|
| Recipe | Energy (kcal) | Energy (kJ) | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing Crustaceans gluten | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| DLIVES & FETA NIBBLES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | Does contain | | | | | | | |
| H&M SAUSAGES NIBBLES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | Does contain | | | | | |
| WHITBAIT NIBBLES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | Does contain | | | | | | | | | |
| GARLIC MUSHROOMS NIBBLES SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | Does contain | | | | | | | Does contain |
| CHORIZO NIBBLES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | Does contain | | | | | | | Does contain |
| BREAD AND OIL NIBBLES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | | | | | Does contain | | Does contain |
| RED PEPPER HOUMOUS AND PITTA | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | | | Does contain | | Does contain | | |
| HALLOUMI NIBBLES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | Does contain | | | | | | | |

CATEGORY: SHARERS

| | N | UTRITIO | NAL DA | TA | | | | | | | | | | | | ALLERG | ENS | | | | | | |
|-----------------------|------------------|----------------|--------|-----------|--------------|--------|-------|---------|-------|-----------------|---------------------------------|-------------|------|------|-------|-----------------|----------|-----------------|------|---------|-----------------|------|-----------------|
| Recipe | Energy (kcal) | Energy (kJ) | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| CAMEMBERT SHARER | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | | | | | Does contain | | | | | Does contain | | Does contain |
| NACHOS GRANDE | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | Does contain | | | | | Does contain |
| NACHOS GRANDE CHICKEN | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | Does contain | | | | | Does contain |

CATEGORY: STARTERS

| | N | IUTRITIC | NAL DA | TA | | | | | | | | | | | | ALLERG | ENS | | | | | | |
|-------------------------------------|------------------|----------|--------|-----------|--------------|--------|-------|---------|-------|--------------|-----------------------------------|-----------------|-----------------|-----------------|-------|-----------------|----------|-----------------|------|---------|-----------------|--------------|-----------------|
| Recipe | Energy (kcal) | | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing C gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites |
| SMOKED SCOTCH EGG AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | Does contain | | | | | Does contain | | | | | Does contain |
| SMOKED SALMON ROULADE AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | Does contain | | Does contain | | | | | | | |
| CAULI BOMBS AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | | | | | | | Does contain | |
| BRIXWORTH PATE SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | | | | | | Does contain | | |
| SOUP OF DAY AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | | | | | | | | | | Does contain | | |
| GAMBAS PIL PIL AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | Does contain | | Does contain | | Does contain | | | | | Does contain | | Does contain |
| BLUE CHEESE MUSHROOM BRUSHETTA AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | | | | Does contain | | Does contain |

CATEGORY: STEAKS

| | N | UTRITIC | NAL DA | TA | | | | | | | | | | | | ALLERG | ENS | | | | | | |
|--------------------------|------------------|----------------|--------|-----------|--------------|--------|-------|---------|-------|--------|---------------------------------|-----------------|-----------------|-----------------|-------|-----------------|----------|-----------------|------|---------|-----------------|------|-----------------|
| Recipe | Energy (kcal) | Energy (kJ) | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphite |
| FILLET STEAK 70Z | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | | | | | | |
| SIRLOIN STEAK 80Z | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | | | | | | |
| 100Z RUMP | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | Does contain | | | | | Does contain |
| FILLET WITH ROSSINI AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | | | | Does contain | | Does contain |
| ADD POTATO GRATIN AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | Does contain | | | Does contain | | | | | | | |
| ADD PRAWNS AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | Does contain | | Does contain | | Does contain | | | | | | | |
| PEPPERCORN SAUCE AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | Does contain | | | | | | | |
| BLUE CHEESE SAUCE AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | Does contain | | | | | | | |
| GAMMON & CHIPS AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | Does contain | | | | | Does contain | | | | | Does contain |
| MIXED GRILL AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | Does | | | | | Does | | | | | Does |

CATEGORY: BURGERS

| | N | IUTRITIC | NAL DA | TA | | | | | | | | | | | ALLERG | ENS | | | | | | |
|---------------------------------|------------------|----------|--------|-----------|--------------|--------|-------|---------|-------|-----------------|---|-----------------|-----------------|-------|-----------------|----------|-----------------|------|-----------------|-----------------|-----------------|-----------------|
| Recipe | Energy (kcal) | | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing Crustaceans gluten | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphite |
| STEAK BURGER AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | Does contain | | | Does contain | | | | | Does contain | | Does contain |
| LOADED STEAK BURGER AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | Does contain | | | Does contain | | | | | Does contain | | Does contain |
| NEW ORLEANS CHICKEN BURGER AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | Does contain | Does contain | | Does contain | | Does contain | | | Does contain | | Does contain |
| LOADED CHICKEN BURGER AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | | Does contain | | Does contain | | Does contain | | | Does contain | | Does contain |
| MOVING MOUNTAIN BURGER AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | | | | Does contain | Does contain | Does contain | Does contain |
| TOPPING CHEDDAR CHEESE | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | Does contain | | | | | | | |
| SURGER TOPPING BACON | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | | | | | |
| BURGER TOPPING EGG | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | Does contain | | | | | | | | | | |

CATEGORY: MAINS

| | NUTRITIONAL DATA Recipe Energy Energy (kcal) (kg) Fat Saturates Carbohydrate Sugars Fibr | | | | | | | | | | | | | | | ALLERO | ENS | | | | | | |
|---|---|--------|-------|-----------|--------------|--------|-------|---------|-------|-----------------|------------------------------------|-----------------|-----------------|-----------------|-------|-----------------|----------|-----------------|------|---------|-----------------|-----------------|-----------------|
| Recipe | | | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing Cr gluten | rustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphite |
| PORK DUO AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | | Does contain | | | Does contain | | | | | | | Does contain |
| MUSHROOM LINGUINE AW19 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | Does contain | | | | | Does contain |
| ULTIMATE CHICKEN CAESAR SALAD SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | | Does contain | Does contain | | Does contain | | | | | | Does contain | |
| BATTERED COD & CHIPS & CURRY SAUCE SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | Does contain | Does contain | | | | Does contain | | | | Does contain | |
| PEA & SAFFRON RISOTTO AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | | Does contain | | | Does contain | | | | | | | Does contain |
| CUMBERLAND SAUSAGE & MASH AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | | | | | | |
| CAULIFLOWER BOLOGNAISE AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | | | | | | | | | | | | Does contain |
| DUCK, CELERIAC& GRATIN AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | | Does contain | | | Does contain | | Does contain | | | | | |
| RICOTTA CHICKEN AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | | | | | | Does contain |
| PRAWN, SMOKED SALMON & SPINACH LINGUINE AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | Does contain | | Does contain | | Does contain | | | | | | | Does contain |
| SEABASS & PANCETTA RISOTTO AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | | Does contain | Does contain | | Does contain | | | | | | | Does contain |
| STEAK & ALE PIE AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | Does contain | | | Does contain | | | | | | | |
| PAN ROASTED SALMON XF20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | Does contain | | Does contain | | | | | | | Does contain |

CATEGORY: DESSERTS

| | N | UTRITIO | NAL DA | TA | | | | | | | | | | | | ALLERG | SENS | | | | | |
|-----------------------------------|------------------|---------|--------|-----------|--------------|--------|-------|---------|-------|--------|---------------------------------|-------------|-----------------|------|-------|-----------------|------------------|-----------------|-----------------|-----------------|-----------------|----------|
| Recipe | Energy (kcal) | | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs Mustare | d Nuts | Peanuts | Sesame Seeds | Soya | Sulphite |
| ESPRESSO BRULEE AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | Does contain | | | Does contain | | Does contain | Does contain | | Does contain | |
| MENU A BROWNIE GF SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | Does contain | | | Does contain | | | | | Does contain | |
| LEMON POSSET AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | Does contain | | | Does contain | | | | | Does contain | |
| SUMMER APPLE & BERRY CRUMBLE SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | | | | | |
| CHERRY BAKEWELL AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | Does contain | | | Does contain | | Does contain | Does contain | | Does contain | |
| STICKY TOFFEE PUDDING AW20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | Does contain | | | Does contain | | | | | | |
| ORANGE & RICOTTA CHEESECAKE | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | Does contain | | | Does contain | | Does contain | Does contain | | Does contain | |

CATEGORY: SANDWICH

| | N | UTRITIO | NAL DA | TA | | | | | | | | | | | ALLERO | GENS | | | | | |
|---------------------------------|------------------|----------------|--------|-----------|--------------|--------|-------|---------|-------|--------------------------|-------------|-----------------|-----------------|-------|-----------------|------------------|------|---------|-----------------|------|-----------------|
| Recipe | Energy (kcal) | Energy (kJ) | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery Containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphite |
| MENU C FISH FINGER S/W | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | Does contain | Does contain | | | Does contain | | | Does contain | | Does contain |
| VEGETABLE CUBAN S/W SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | Does contain | | | Does contain | Does contain | | | Does contain | | Does contain |
| MENU B CHICKEN & BACON SANDWICH | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | Does contain | | | | | | | Does contain | | Does contain |
| THE CHEESESTEAK SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | Does contain | | | Does contain | Does contain | | | Does contain | | Does contain |
| SMOKED SALMON S/W SS20 | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | | Does contain | Does contain | | Does contain | Does contain | | | Does contain | | Does contain |
| B ADD BOWL OF CHIPS | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | | | | |
| MENU A TRUFFLE & PARMESAN FRIES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | Does contain | | | Does | | | | | | |

CATEGORY: ON THE SIDE

| | NU | JTRITIO | NAL DA | TA | | | | | | | | | | | | ALLERO | SENS | | | | | | |
|------------------------------|------------------|----------------|--------|-----------|--------------|--------|-------|---------|-------|-----------------|---------------------------------|-------------|-----------------|------|-------|-----------------|----------|---------|------|---------|-----------------|------|-----------------|
| Recipe | Energy (kcal) | Energy (kJ) | Fat | Saturates | Carbohydrate | Sugars | Fibre | Protein | Salt | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphite |
| S SIDE BISTRO CHIPS | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | | | | | | |
| MENU A SIDE SKIN ON FRIES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | | | | | | |
| B SIDE GARLIC BREAD & CHEESE | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | Does contain | Does contain | | | | | Does contain | | | | | Does contain | | |
| SIDE ONION RINGS | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | Does contain | | | | | Does contain | | | | | | | Does contain |
| SIDE SEASONAL VEGETABLES | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | | | | | | | | | | | Does contain |
| SIDE COLESLAW | 0.00kcal | 0.00kJ | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | 0.00g | | | | Does contain | | | | | | | | | | Does contain |